

LUNCH
MENU WEEK
1
12.20-13.15

	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main Meal	Tagliatelle with Mushroom Ragu Or Creamy herb sauce	Deconstructed Cheeseburger Casserole	Roast Chicken with Fresh Parsley and Lemon	Mexican Pulled BBQ Pork with Brioche Buns	Battered Fish OR Kedgeree
Vegetarian	Garlic Bread	Vegetable and Lentil Moussaka	Cauliflower Steak Diane	Middle Eastern Style Shakshuka	Harissa Beans with Peppers and Feta Cheese
	Roasted Mediterranean Vegetables Broccoli	Wedges Corn on the cob Onion Rings Coleslaw	Roast Potatoes Gravy Carrots Spring Greens	New Potatoes Green Beans Cauliflower	Skin on Chips Peas Baked Beans
Pudding	Individual Mini Pavlova Jelly or Yoghurt Pots	Peach Tart Tatin and Cream Jelly or Yoghurt Pots	Malteser Cheesecake Jelly or Yoghurt Pots	Sprinkle sugar Cookies Jelly or Yoghurt Pots	Chefs Special Jelly or Yoghurt Pots

If you have a food allergy or intolerance please ask our staff for further information

LUNCH
MENU WEEK
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	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main Meal	Quorn Burger OR Smoky Roast Carrot Burger	Ham Pic Nic Pasta	Dark N Stormy Carribbean Pot Roast Beef	Chicken, Bacon and Crème Fraiche	Scampi OR Roast Fish Traybake with Watercress and Parmesan
Vegetarian		Vegetable Paella	Honey and Mustard Tofu Roasted Root Yorkshire wrap	Tofu Katsu Curry	Sesame Seed and Spinach Stromboli
	Herby Parmentier Potatoes Cauliflower Cheese Baby Corn	Garlic Dough Balls Edamame Carrots	Roast Potatoes Gravy Braised Leeks Broccoli	Rice Green Beans Cabbage	Skinny Fries Peas Baked Beans
Pudding	Red Berry Buckle Fruit Pots Yogurt or Jelly	Boston Cream Pie Fruit Pots Yogurt or Jelly	Chocolate Tart with Honeycomb Fruit Pots Yogurt or Jelly	Trifle Cake Fruit Pots Yogurt or Jelly	Chefs Special Fruit Pots Yogurt or Jelly

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MENU WEEK
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12.20-13.15

	Monday	Tuesday	Wednesday	Thursday	Friday
	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main Meal	Tuna Pasta Bake	Chicken Kiev	Roast Pork Loin with Bacon and Brown Sugar Glaze	Chorizo Sausage Roll	Crispy Panko Breaded Fish Goujons OR Coconut Fish Curry
Vegetarian	Plain Pasta	Chickpea and Cauliflower Curry	Caramelised Onion and Cheese Tart	Spinach, Feta and Filo Pie	Vegetable and Pepper Frittata
	Cheesy Garlic Pretzel twists Buttered Spinach Peas	Rice Ratatouille Vegetables Carrots	Roast Potatoes Gravy Carvahlo Nero Mixed Green Vegetables	Mash Potato Roasted Cauliflower Cheese Broccoli	Mushy Peas Baked Beans Chunky Chips
Pudding	White Chocolate and Raspberry Bars Fruit Pots Yogurt or Jelly	M&M Cookies Fruit Pots Yogurt or Jelly	Red Berry Mousse Fruit Pots Yogurt or Jelly	Mini Red Velvet Cakes Fruit Pots Yogurt or Jelly	Chefs Special Fruit Pots Yogurt or Jelly

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